CLAIMS

- 1. A forging method characterized in that a forged material manufactured by adding at least one kind of group 5 metals is heated to a temperature suitable for hot forging, and after forging to a prescribed shape, is cooled and then held for a prescribed set time in a furnace at a in the tempering temperature, and is further cooled to normal temperature by natural cooling.
- 2. A forging method as defined in Claim 1, wherein the heating temperature of the forged material is set in the range of 1150 \sim 1250 $^{\circ}$ C.